The Child Health and Wellbeing Programme (0-19 years) is an integrated service provided by Midlands Partnership NHS Foundation Trust and brings together health visiting and school nursing. In 2020 the service will expand to include Children’s Centres.

From April 2018 the 0-19 service seeks to deliver improved health and well-being to children, young people and families, and improve school readiness by offering a balance of self-support, support from professions and from the wider community. This includes using digital technology to meet the individual needs of busy modern families in Staffordshire.

All Staffordshire children, young people and families will be offered universal reviews and checks from the service. Breastfeeding advice and support, maternal mental health support and nutritional advice will be available. Additional professional support will be provided to families where required. Sexual health information, emotional health and well-being advice and support will be available via The Hubs, Chat Health and drop in’s only.

The HUB: A central point of access
The Hubs give families and young people advice and support from professionals within the 0-19 services and are the point of access for professionals and other health care services.

HUB Contact Numbers:
West Hub - (Moorlands, Newcastle-under-Lyme, Stafford, surrounds and Seisdon)
Telephone: 0300 303 3923

East Hub - (East Staffordshire, Tamworth, Lichfield and Cannock)
Telephone: 0300 303 3924

For more information visit: www.staffordshireandstokeontrent.nhs.uk/services/0-19